

Anti-Aging Conference

Forever Ageless for Men and Women

*Medical Intuition, Bio-identical Hormone Balancing,
Memory Function, and Emotional Release*



CAROLINE SUTHERLAND,
internationally known
medical intuitive and author
of *The Body "Knows."*

**Friday Night
Special Guest
Appearance by
LOUISE HAY**



FRIDAY'S KEYNOTE SPEAKER: Roberta Brinton, Ph.D., Neuroscientist:
"How to Protect Yourself Against Cognitive Decline and Alzheimer's Disease"

Friday, Sept. 14, 7-9PM • Saturday and Sunday, Sept. 15 & 16, 9AM-5PM

Total Weekend: \$179 • Friday Night Intro. Only: \$25. *Registration includes Medical Intuitive reading.*

**Ramada Inn and Conference Center • 5550 Kearny Mesa Rd, Qualcomm Stadium
San Diego 92111 • 858-278-0800 (directions only) • www.ramadasandiego.com**

SATURDAY EVENT – Caroline Sutherland

MEDICAL INTUITION: Your Own Personal Program for Vibrant Aging

Caroline Sutherland tunes in to each person, and creates an individual health reading, assisting each person in the assessment of their own health issues. Following this unique, confidential, intuitive process, the action-packed seminar begins as Caroline gives an in-

depth explanation of your assessment/reading. Important guidelines for health enhancement include: Inflammation, weight gain, fatigue, pain, male and female menopause, memory loss, aging skin, stamina and vitality, attitude and higher purpose will all be addressed.



SUNDAY MORNING EVENT – Larry Frieders, R.Ph.

How Bio-Identical Hormones Increase Your Energy and Protect You Against Age-Related Disease

Larry Frieders is the owner and compounding pharmacist at The Compounder in Aurora (Chicago) Illinois. For the past 10 years he has been a specialist in compounding and hormone replacement. He is a Certified Menopause Educator, seminar leader and an authority on the subject

of bio-identical hormones (BHRT) for men and women. His powerful presentations shed light on the most important future piece of the anti-aging puzzle – hormone balancing.

Visit www.thecompounder.com for more info.

SUNDAY AFTERNOON EVENTS:

Joe Filbeck, M.D. Director of the Palm La Jolla Medical Spa in San Diego, California and avid proponent of anti-aging medicine presents *Anti-Aging Strategies For Men*.

Eve Brinton Rinehart Author of *Instant Happiness with the Energy Exchange: How to Transform Any Negative Thought into a Positive in Less Than One Minute*.

Pat Frieders, R.Ph., MSW

Free Yourself from Negative Emotions

Pharmacist and substance abuse counselor shares a potent emotional release technique that helps to let go of limiting beliefs. Experience this easy way to balance your energy system and restore feelings of peace.

REGISTRATION: CarolineSutherland.com or call 800-575-6185

12.5 CEU credits available for RNs and LMTs